

# August 2010

SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY

1	2	3	4	5	6	7
<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM Fine Arts 1PM Clubhouse Services Committee 4PM Chef's Table 6:30PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM Fine Arts 1PM Clubhouse Services Committee 4PM Chef's Table 6:30PM</p>	<p>Walk the Walk Club 7:30AM Regency Riders 8AM Covenants Committee 2:30PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Pilates &amp; Balance 9:30AM Regency Cocoon Aquatic Club 10:30AM Regency Sputters 10:30AM Billiards 7PM Stitchers 7PM Travel Club 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 9:45AM Core Strength &amp; Stability 10:15AM AquaFit 11AM Chakra Meditation 1PM Happy Hour 4:30 - 6:30PM Duplicate Bridge 6:30PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 10:30AM Mah Jongg 1PM Cabaret Night: Sally's Broadway Buddies Show 5:30PM</p>	
8	9	10	11	12	13	14
<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM RWC Comm. Service 1PM Gamemakers 1PM Regency Co-Op BOD Meeting 7PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM RWC Comm. Service 1PM Gamemakers 1PM Regency Co-Op BOD Meeting 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Riders 8AM Greenbrier Grounds &amp; Facilities 1PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Pilates &amp; Balance 9:30AM Regency Cocoon Aquatic Club 10:30AM Regency Sputters 10:30AM Pen &amp; Brush 1PM Grounds &amp; Facilities 1PM Activities Committee 2:30PM Investment Club 7PM Billiards 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 9:45AM Core Strength &amp; Stability 10:15AM AquaFit 11AM Chakra Meditation 1PM Garden Club 1PM Long Range Planning Committee 2PM Happy Hour 4:30 - 6:30PM Men's Cards 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 10:30AM Mah Jongg 1PM Twilight Golf</p>	
15	16	17	18	19	20	21
<p>Walk the Walk Club 7:30AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM RWC Programming 1PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM RWC Programming 1PM</p>	<p>Walk the Walk Club 7:30AM Regency Riders 10AM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Pilates &amp; Balance 9:30AM Regency Cocoon Aquatic Club 10:30AM Regency Sputters 10:30AM Communications Committee 2PM RWC BOD 3PM Billiards 7PM Stitchers 7PM Cancer Support Group 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 9:45AM Core Strength &amp; Stability 10:15AM AquaFit 11AM Chakra Meditation 1PM RWC Publicity Meeting 2PM Happy Hour 4:30 - 6:30PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 10:30AM Mah Jongg 1PM Bridge 6:45PM</p>	
22	23	24	25	26	27	28
<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM Finance Committee Meeting 3PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM Finance Committee Meeting 3PM</p>	<p>Walk the Walk Club 7:30AM Regency Riders 8AM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Pilates &amp; Balance 9:30AM Regency Cocoon Aquatic Club 10:30AM Regency Sputters 10:30AM Pen &amp; Brush 1PM Billiards 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 9:45AM Core Strength &amp; Stability 10:15AM RWC Fundraising 10:30AM AquaFit 11AM Chakra Meditation 1PM Happy Hour 4:30 - 6:30PM Toll Concert "Key West Band" 6PM Men's Cards 7PM</p>	<p>Walk the Walk Club 7:30AM Regency Cocoon Aquatic Club 10:30AM Mah Jongg 1PM</p>	
29	30	31	 <p>REGENCY at Dominion Valley</p>			
<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM</p>	<p>Walk the Walk Club 7:30AM AquaFit 8:45AM Coffee Café 9AM Better Bones &amp; Balance 10:15AM Regency Cocoon Aquatic Club 10:30AM Chakra Meditation 1PM Gamemakers 1PM</p>	<p>Walk the Walk Club 7:30AM Regency Riders 8AM</p>				

Events at The Regency Club