

★ WISH LIST ★

Non-perishable foods:

- Cup 'o Noodles soups
- Dry cereal small, individual serving boxes
- Instant oatmeal or grits
- Breakfast bars. Granola, cereal and power bars
- Bowl Appetite dinners
- Pop tarts
- Ramen noodle soup
- Spaghetti's

Snacks:

- Tuna in the "fresh pouch", Doesn't require draining
- Beef Sticks such as Slim Jims
- Crackers and a Cheese spread. CAUTION: Spray-cans may explode!
- Potted meat and crackers (no pork products allowed)
- Single servings of bagged chips
- Cookies
- Tuna with crackers
- Triscuits and Ritz crackers
- Lunchables Many varieties that don't have to be refrigerated
- Candy, of course
- Snack Cakes
- M & M's
- Graham crackers
- Chocolate-dipped pretzels
- Pre-packaged brownies
- Licorice
- Bubble gum
- Snack mixes like Chex Mix
- Nuts - Cashews, peanuts, etc.
- Pretzels
- Rice Krispie Treats
- Applesauce, pudding or fruit cups with the pop-off lids
- Trail mix
- Freezer Pops (the kind in the plastic) – these are especially welcomed

Drinks:

- Instant coffee. You can get it in many different flavors
- Tea bags
- Powdered Gatorade. Don't forget a pitcher, jug or some sort of container
- Lemonade mix (pre-sweetened)
- Kool-Aid (pre-sweetened)
- Powdered hot chocolate It also comes in many flavors
- Crystal Lite (packages for water bottles)

Fun Stuff:

- Board games
- Favorite magazines. Check the postal restrictions
- Disposable cameras
- Pocket electronic games (can be from dollar store)
- Make and send a miniature scrapbook
- Decks of cards

Toiletries:

- Razors
- Shaving cream – non-aerosol
- Foot powder
- Shampoo, Conditioner
- After shave lotion
- Soap
- Mouth wash
- Gel insoles
- Emery boards

General Stuff:

- Disposable cups
- Small battery operated light
- Batteries
- Sunscreen
- A small sewing kit
- A stress ball
- Paper and envelopes
- Padded mailing envelope
- Eyeglass cleaner wipes
- Mini fans that spray water
- Mosquito repellent- non-aerosol
- Sunglasses
- International Phone cards
- All occasion cards

Comfort Items:

- Chapstick
- T-shirts
- Underwear
- Socks
- Glade Stick-Ups
- Blanket from home
- A big fluffy towel
- Toilet paper
- Small battery operated fan
- Baby wipes
- Eye drops
- Hand warmers
- Mattress protectors
- Generic sweat pants and shirts any size

Christmas/Hanukkah/Kwanza Items:

- Non-Breakable ornaments
- Decorations
- Greeting cards
- Christmas candy (hard candy)
- Christmas cookies
- Stockings
- Garland

